

We have added insurance reimbursement programs to Xtreme ...

Blue Cross Blue Shield, UCARE, South Country Alliance, Vitality, and Americas TPA

BLUE CROSS

Get an attitude. Get healthier. Get \$20!

Join the BluePrint for Health fitness discounts program from Blue Cross and Blue Shield of Minnesota.

Here's a great incentive for getting in shape. If you're an eligible Blue Cross and Blue Shield of Minnesota member, you can get up to a \$20 credit toward your *Xtreme Fitness* dues if you exercise twelve or more days per month. Up to two eligible adult members per household can take advantage of the program, so get started today.

*Participation Forms available at Xtreme!

UCARE

Eligible participants - UCare for Seniors members insured in Minnesota.

*UCare will no longer require 8 visits per month. Starting January 1st, 2011, UCare members will not be required to meet a minimum number of visits per month. The amount of the reduction will change from \$20.00 to \$15.00 per month per member. A family or couple membership may have up to 2 adults participating with a maximum reimbursement of up to \$30 per month.

SOUTH COUNTRY HEALTH ALLICANCE SUPPLEMENT

Be Fit Program:

Members can receive up to a \$20 health club membership discount for exercising at least 8 days per month.

There is no limit per household. As long as each participant is enrolled with SCHS during the respective month, he/she is eligible to receive the discount. (Members must be at least 18 years of age to participate.)

AMERICA'S TPA

Eligible members must workout at Xtreme 12 days per calendar month to receive the \$20 credit toward the fitness center membership fee. A maximum of two qualifying adults per household may participate in this program.

VITALITY

Eligible members can earn two types of monthly rewards: Points and / or Subsidies (subsidies range from \$10-\$35 per month). The Vitality website lists the terms and conditions of its subsidy program. Before you can receive health club subsidies you will need to do two things:

1. Enroll on the Vitality website.
2. Inform Xtreme that you are a Vitality member. (Please note there are not physical forms of enrollment; Vitality members MUST go online to Vitality's website in order to enroll into the Partner Health Program.

What do we need to get you started???

- **A completed Enrollment Form** (available at Xtreme)
- **A copy of your Insurance Card** (both sides)
- **A copy of your Driver's License**
- **A completed Bank Authorization Form**
(available at Xtreme)
- **A Voided Check**