

XF 24 DAY CHALLENGE RESULTS

AND THE 6 Xtremies to lose the most inches are ...

| | Participant Name | Inches Lost |
|------------|-------------------------|--------------------|
| 1st | Becky Harris | 11.75 |
| 2nd | Tammy Pfeffer | 10.25 |
| 3rd | Brooke Ranvek | 7.25 |
| 4th | Lacey Jech | 6.25 |
| 4th | Darlene Bigelow | 6.25 |
| 4th | Jackie Edgar | 6.25 |

CONGRATULATIONS to Becky Harris for winning the most inches lost division. Becky has won 3 months of Unlimited Classes. WAY TO GO BECKY!!!

XF 24 DAY CHALLENGE RESULTS

AND THE 5 Xtremies to lose the greatest % of weight are ...

| | Participant Name | % Lost |
|------------|---------------------------|---------------|
| 1st | Brooke Ranvek | 4.8% |
| 2nd | Tammy Pfeffer | 4.6% |
| 3rd | Becky Harris | 4.3% |
| 4th | Paula Haraldson | 2.8% |
| 5th | Michelle Lindquist | 2.7% |

CONGRATULATIONS to Brook Ranvek for winning the greatest % weight loss division. Brooke has won 3

Months of Unlimited Classes. WAY TO GO BROOKE!!!

XF 24 DAY CHALLENGE RESULTS

AND THE 5 Xtremies to attend the most classes are ...

| | Participant Name | # of Classes Attended |
|------------|-------------------------|------------------------------|
| 1st | Darlene Bigelow | 37 |
| 2nd | Jackie Edgar | 35 |
| 2nd | Brook Ranvek | 35 |
| 3rd | _____ | 33 |
| 4th | Becky Harris | 17 |

CONGRATULATIONS to Darlene Bigelow, Jackie Edgar and _____ for winning the most classes attended division. They have all won 1 Month of Unlimited Classes.

WAY TO GO LADIES!!!

***XF* 24 DAY CHALLENGE RESULTS**

**13 Xtremies completed the 24 Day Challenge on Dec 21st.
Check out their AMAZING Results. Congratulations!!!**

TOTAL POUNDS LOST = 55.5 Pounds

TOTAL INCHES LOST = 72 Inches

Greatest % Weight Lost goes to ...

| | | |
|------------|---------------------|--------------|
| 1st | Brook Ranvek | 4.80% |
|------------|---------------------|--------------|

Most Inches Lost goes to ...

| | | |
|------------|---------------------|---------------------|
| 1st | Becky Harris | 11.75 Inches |
|------------|---------------------|---------------------|

Most Attended Classes goes to ...

| | | |
|------------|------------------------|-----------|
| 1st | Darlene Bigelow | 37 |
| 2nd | Jackie Edgar | 35 |
| 2nd | Brook Ranvek | 35 |